

FAMILY - SINGLES - MEN'S - WOMEN'S MINISTRIES

JULY 27, 2021

NEWSLETTER



GOOD *afternoon* FRIENDS



You are all in our prayers and thoughts as the weeks go on. God has been good and has been working in the lives of His children. We want you to know that you always have a friend in us, we are only a phone call or email away, please don't be a stranger. Let's be an example to our young people, our children, grandchildren, mentees, and even family friends of what it looks like to be dedicated to the church. Let us take advantage of the programs, initiatives, and retreats available. Spread the word of these events with your non-Adventist friends, we never know how their lives will be impacted by a simple invitation. So much creativity and hard work has been put into these initiatives, let us do our part in participating in them, as well as encouraging our young people to do the same.

Sending everyone love and prayers!

- **Anna Flores** (*Family, Singles, Men's & Women's Ministries Summer Intern*)



FAMILY TOGETHER WEEK

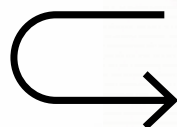
DURING THE WEEK OF SEPT. 5-11, 2021...

is the Family Togetherness Week. Let's remember our families include grandparents, cousins, divorced family members, guardians, single family members, dads, moms, friends and children. Celebrating different kinds of families allows us to support and appreciate individuals that can some time be marginalized because they do not fit into the traditional nuclear family...



...The General Conference FM Department has released a very attractive and delightful resource you can distribute in your respective fields to promote and encourage everyone to use for this special week of emphasis on the family. This resource — Living Fruitful Love — is based on the Fruit-of-the-Spirit (Galatians 5:22, 23). There are a lot of very nice, practical, fun activities from the FM Director in the Trans-European Division (TED) in England, Karen Holford. She is an incredibly creative friend and colleague (she wrote one of the articles for the Journal on Family Research and Practice you received as a digital resource if you registered for the ACFRP and in we also mailed you a printed copy).

CLICK HERE FOR THE FREE PDF!



[HTTPS://ADVENTISTON-MY.SHAREPOINT.COM/:B:/G/PERSONAL/FAMILYLIFE_ADVENTIST_ONTARIO_ORG/EZ1RZOGGSRTNHX8G9UVNPF5BG-R1BGT6--RODR9EYFVN5G?E=HSLMVU](https://adventiston-my.sharepoint.com/:B:/G/PERSONAL/FAMILYLIFE_ADVENTIST_ONTARIO_ORG/EZ1RZOGGSRTNHX8G9UVNPF5BG-R1BGT6--RODR9EYFVN5G?E=HSLMVU)

CHECK *it out!*

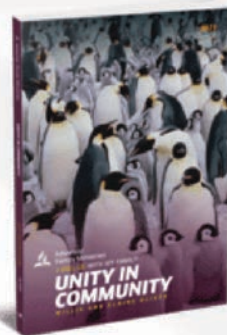
1.

WE ARE HAPPY TO SHARE...

the Journal of Family Research & Practice from our Family Ministry Directors at the North American Division that was shared during the Adventist Conference of Family Research and Practice.

The Seventh-day Adventist Church's Strategic Focus for the 2020-2025 quinquennium is "I Will Go!" The theme for the 2021 newly rebranded Family Ministries Resource Book is "I Will Go with My Family", which is also Adventist Family Ministries' emphasis for the 2020-2025 quinquennium. Available in English, Russian, Italian, French, Portugese and Spanish.

<https://family.adventist.org/resources/resource-book/2021rb/#translations>



FOR ADDITIONAL RESOURCES, PLEASE
CHECK OUT THE GENERAL
CONFERENCE FAMILY MINISTRY
WEBSITE:

[HTTPS://FAMILY.ADVENTIST.ORG](https://family.adventist.org)

CHECK *it out!*



2.

OUR BRAINS ARE WIRED THROUGH...

Touch, and without Touch, We Fail to Flourish. A 2021 review examined the neurobiological, psychosocial, and behavioral correlates of touch during the COVID-19 pandemic. With mandated social distancing guidelines to prevent the spread of COVID-19, countless individuals have been deprived of touch on an unprecedented level. Investigators argued that touch deprivation in the time of the COVID-19 pandemic will have detrimental consequences on individuals' neuropsychological well-being, mental health, and relationships.

3.

5 WAYS TO SUPPORT EACH OTHER...

as a parent. As a couple, you learn to support each other in many facets of life - career ambitions, financial goals, a healthy lifestyle, the list goes on. One area that takes many couples by surprise is parenting. It's hard figuring out your own needs and identity as a parent. Knowing how to support your spouse as a parent can be a challenge all its own. Read the latest PREPARE-ENRICH blog post.



CHECK *it out!*

4.

FAMILY AND PSYCHOPATHIC BEHAVIOUR...

Family instability in childhood appears to lead to an increase in deception, coldness, impulsivity, and aggression, and to a decrease in kindness, trust, generosity, and honesty. Read from the Institute for Family Studies.

5.

WHAT WE NEED TO KNOW ABOUT...

1. our tweens' brains. Some parts of parenting get easier as my kids get older, but other parts feel more complicated and the stakes feel higher to get it right. read more.

CHECK *it out!* 6.



Ontario Conference Men's Ministry

RESILIENT MEN SERIES

Saturdays at 5pm



July 24 *Elvis Baah-Cyebi*
Stigmatization & Mental Health



July 31 *Kurt Cao*
Resilience & Grief



August 7 *Kingsley Hurlington*
Firm Foundation: 3 principles to
bolster your resilience through a
difficult time



August 21 *Marvin Arthur*
Men and the importance of
raising emotionally
intelligent children



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CHECK

it out!

7.



ONTARIO CONFERENCE
MEN'S MINISTRY



SCAN ME

THE PRAYING MAN

DISCIPLE | FAMILY-MAN | FRIEND | ADVOCATE

30 Minutes Every Sunday at 7am

MEETING ID: 962 7557 1505
PASSCODE: 922589





HOW TO FIND UNITY AS A STEPCOUPLE

It's extremely rare for a couple to meet, fall in love, marry, and parent their children the exact same way. It is even more uncommon to have that scenario unfold between two people who each bring their own kids into the relationship. However, it is a belief both blended and nuclear couples hold tightly to: Parents should be a "united front" with their children. What does it really mean to be a "united front?" And how do you get there if you're polar opposites with your parenting styles? Read on for answers to your questions on this important subject.



Women's RETREAT



**REGISTER BY EMAILING
FAMILYLIFE@ADVENTISTONTARIO.ORG**

SEND:

1. NAME
2. SHIPPING ADDRESS
3. IF YOU WOULD ALSO LIKE TO RECEIVE A BOOK FOR SINGLE MOMS - "SOLO MOMS" BY DR. PAMELA CONSUEGRA

Young Women's **RETREAT**

OUR PRESENTERS:

ANDREA VENTURA

KATRINA TESIC

DENNALIA FRAY

YOUNG WOMEN'S VIRTUAL RETREAT

enough

DISCOVERING A GOD WHO IS
ENOUGH WHEN YOU'RE NOT

AUGUST 13 - 14, 2021

REGISTER BY EMAILING
FAMILYLIFE@ADVENTISTONTARIO.ORG

SEND:

1. NAME
2. SHIPPING ADDRESS
3. IF YOU WOULD ALSO LIKE TO RECEIVE A BOOK
FOR SINGLE MOMS - **"SOLO MOMS"** BY DR.
PAMELA CONSUEGRA

SUPPORT GROUP

To all the autism parents, caregivers & guardians, you are not alone! We know life is even more challenging during this extra long season of lockdown, let's connect

Starting on Sunday evening September, 26 @ 8-9 PM, we will be gathering VIRTUALLY to support one another once a month - to share resources and listen to each other's stories of triumph and challenge.

To register for the support group and get the Zoom link, **please email Anna at familylife@AdventistOntario.org**

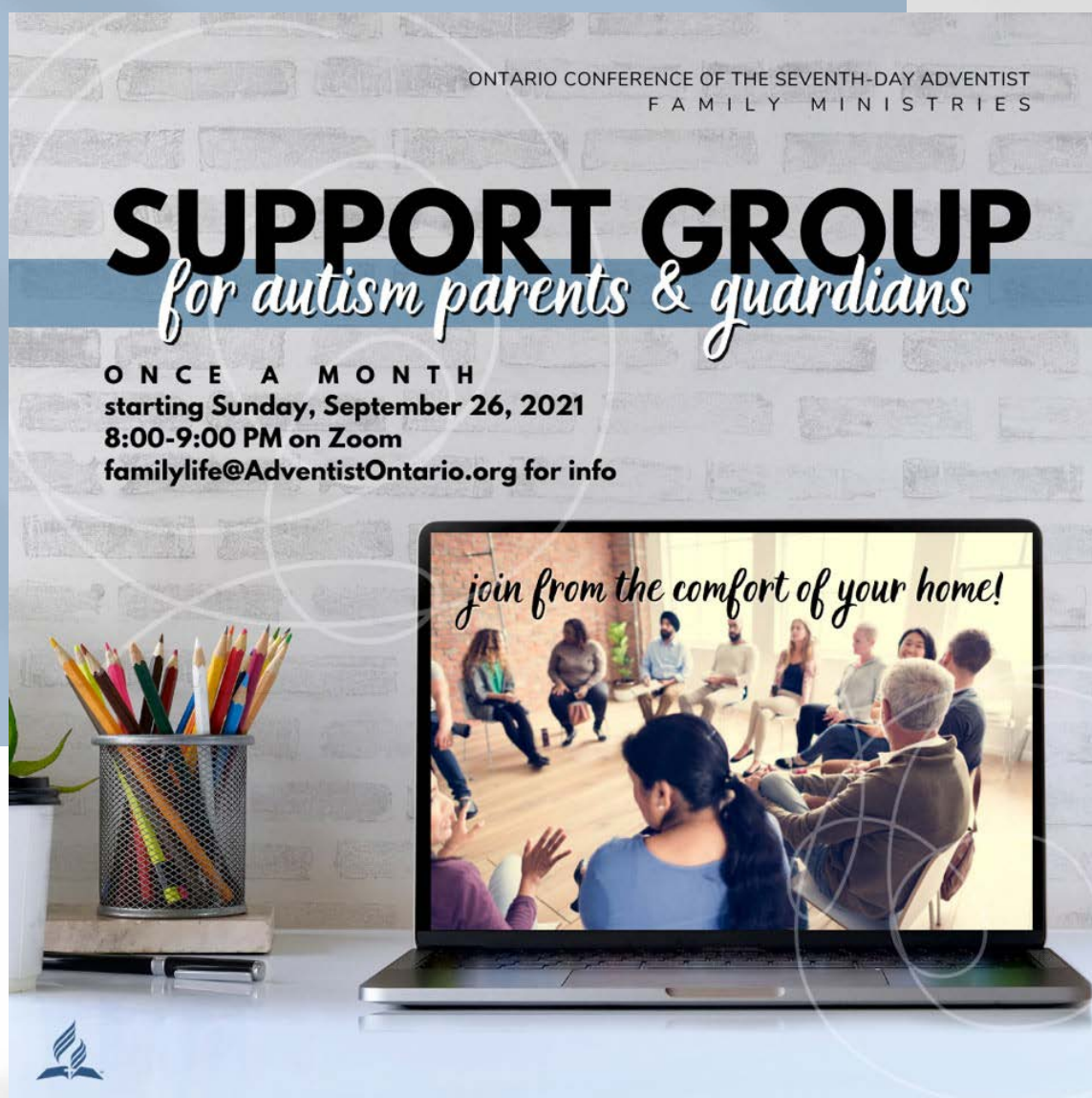
ONTARIO CONFERENCE OF THE SEVENTH-DAY ADVENTIST
FAMILY MINISTRIES

SUPPORT GROUP

for autism parents & guardians

ONCE A MONTH
starting Sunday, September 26, 2021
8:00-9:00 PM on Zoom
familylife@AdventistOntario.org for info

join from the comfort of your home!



FREE DOWNLOADS *from The Daily Grace Co.*

follow the instructions below to access **FREE** Bible studies:

***Download Instructions:**

- 1) Make sure you are using a device or internet browser capable of accessing a PDF file.
- 2) Click each download link, then check your downloads folder for a PDF file. The PDF file contains your app access code for the corresponding study on our app.

***How to Unlock Your Study in Our App:**

- 1) When you're in the Daily Grace app, click the "Studies" tab at the very bottom
- 2) Click the pink button that says "Add a Study" and select the study you have a code for.
- 3) Select the pink, bold text that says "Unlock with a code today" (towards the top of the page) and enter your code!

0129 - Digital Bonus - (100% off)

App-unlock-Emotions-and-the-Heart-5665.pdf

Download Link:

<https://thedailygraceco.com/a/downloads/-/8a676583222591ae/1a659ab11af8ba1b>

0115 - Digital Bonus - (100% off)

App-unlock-itiswell.pdf

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blessings

ELIZABETH & ORLANDO PULE, CO-DIRECTORS
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