

Salt Sisters Challenge 8#

Salt Sisters
Society of Sisterhood

Young Women's Ministries
Ontario Conference

Created by Patricia Ferreira Lopez

LEADERS NOTES

Welcome

Grab and treat and have a seat! Name a celebrity, influencer 'sister' or even a historical figure that you admire. Share what is 'salt of the earth' about that sister.



***You might want to have some pictures projected up of some famous people/influencers or even just some names written to get the conversation going. Encourage the girls to not just focus on a musician or artist, but other types of important figures in society as well. Choose a few that you admire and share why.**

First

Then

Next

Last

Motto

'LIKE SALT, I CAN HEAL, SOOTHE, PROTECT, AND PRESERVE MY SISTERS IN CHRIST JUST AS MYSELF.'

Sell It Sister!

Your salt Mama will have a bag of random bits of clothing. You have to model it and share with the group why this bit of clothing is the hottest new trend and everyone just has to get one!



***You want to have fun with this one! This is a time to dig out those old costumers, and choose as many crazy and amusing pieces of clothing you can get. Silly hats, oversized clothing, funky colours etc, the more ridiculous the better!**



Winner Winner!

So who won and was the most convincing? What made them so convincing and why did you choose their item? Was it something you would normally consider before they showed it to you?

***Try to flesh out what methods of persuasion were used to convince the sisters of the winner. Highlight the words and body language used to convince the group.**

The Power of Persuasion!

If tomorrow morning, you woke up and suddenly, you have thousands of followers on your social media, and you are a world famous influencer. Make a list of the things that you would want to be known for. What would people admire about you? How would you 'influence' others? Hey, is social media the only place you can influence others? Where else?



***Be sure to have extra paper and pens available for girls who may have forgotten their journals or new salt sisters. Always model what you would write and why you would write it.**

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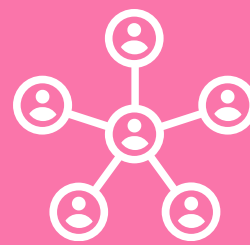
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Dare to Compare!

Now with your sisters make a mind map or graphic organizer of all the influencers/famous people you admire. And then look at your personal list and compare. Do they have the same traits that you want to be admired for? Are there differences? Do they align with the person you would like to be?



***Put your own list on a board or large sheet of paper and talk it through with the sisters about how they compare.**

You want to really drive home the point that the people that they admire should reflect what they most want to become.

Also, if who they want to become is focused on superficiality, or maybe impressing others, try to gently massage the conversation so that sisters can come to that conclusion, and are actually beneficial traits to aspire to.



Esther's POV

Watch this little cartoon clip about Esther.

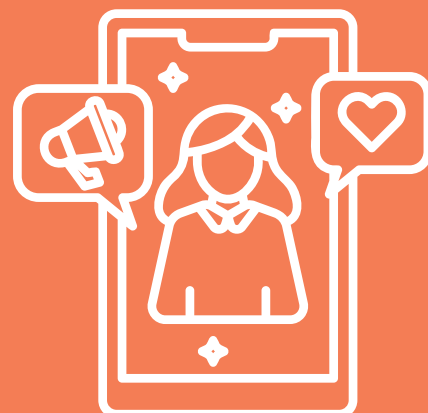
How was Esther an influencer in her time?

What was the ripple effect of how she influenced others?

***Make sure the group understands the pressure that Esther would have felt and the life threatening tremendous risk that she took to stand up for her people. Discuss her admirable qualities. If Esther was a modern day influencer, would you follow her?**

Salt Sisters Matter!

Get into partners and grab your phone. You are going to make a short instagram post about what it means to be a 'salt sister' to others and why change is necessary among young women today in the way they interact. Videos are to be a maximum of 60 seconds and no longer.



***If you have an odd number, you can do a group of three and girls can present together as duo. You can also be a partner to one of the sisters.**

Sharing is Caring!



Watch the videos together as a group and decide who was the most convincing. What made that video stand out among the rest? Share with your Salt Mama to put on our social media posts.

***Please do send these videos through as it helps grow our presence online. It is ok if more than video wins in your group as long as the girls can agree.**

Power of a Praying Woman!

Go back to your list that you originally made about being an influencer and trade with a sister in the group.

Then take your friend's list and pray over each item for your sister and that she is able to become the kind of influencer she has listed.

After come together and put all the lists in the middle of a circle and pray over them collectively.

***Be intentional in recap what you have shared about being an influencer in your prayer and take note of the sisters goals as you pray, speaking wisdom, discernment and victory in their leading and influencing.**

