

LEADERS NOTES

Challenge 12#



Young Women's Ministries

ONE YEAR OF SALT OF THE EARTH SISTERHOOD!

A TOAST TO SISTERHOOD!

Welcome Salt Sisters!
We did it! 12 months together! Grab your glass of something sparkly and let's toast our year together! What would you like to toast to?

There is a little more work involved in today's meeting in terms of gathering resources, but today is about CELEBRATION! You want the girls to feel the difference in this meeting, whether that is about food or decoration that you add, you want to make it SPECIAL! Try to find a sparkling drink in a nice bottles, get some plastic champagne glasses at your local dollar store, q small cake to cut together, etc. let them feel the difference!

MOTTO

'LIKE SALT, I CAN
HEAL, SOOTHE,
PROTECT, AND
PRESERVE MY
SISTERS IN CHRIST
JUST AS MYSELF.'

Created by
Patricia Ferreira Lopez

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Salt Sisters

Society of Sisterhood

Young Women's Ministries

SHARE THE SALT!

On this Salt Sister journey together, what have been some of the best moments, conversations, things that struck you in our year together?
What has changed about how you look at sisterhood?

As always, start by modelling what were your highlights, jog the girls memories maybe with some pictures you have taken, some of the key words and key ideas addressed. They can also talk about what was challenging, or something they are still working on.
Encourage positivity and fleshing out of ideas!

WORD OF THE YEAR

Often people start a new year with a resolution, and in recent years, they choose a 'word' that will be the reminder for them of how they want to approach the year.

You are going to choose your word, it can either as a reflection of what you have learned in the last 12 sessions of Salt Sisters, or it can be a word you want to work on. Using beads and letters, create a colourful representation of your word.

Go to your local dollar store and you will be able to find beads and letters for the girls to use to make either bracelets, or bookmark bands with their special chosen word.

Brainstorm word ideas together for those who are struggling with the concept.

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GRATITUDE JARS

Today is about reflecting on our time together and counting all the blessings of being a Salt Sister!

And speaking of counting blessings, you are going to be designing your very own gratitude jar. Take your bible or bible app out and find between 12-20 bible verses that are about gratitude.

Write them on the strips of coloured paper provided. Decorate your jar and add the sweets to it at the end given by your salt Mama. Every time you add a note of gratitude, read a verse and take a sweet. This is to remind you how sweet it is to be thankful! At the end of the year, organize a special time to sit and read all of the blessings that have come to your life!

Again you will be back to the Dollar Store on this, you will need small jars, colourful paper, ribbon, stickers, small candy, small pens, scissors and any other decorative items that you may want to include with the jars.

Pinterest has many ideas for gratitude or happiness jars to explore.

The idea is that every time a thought of gratitude goes in, they read a special verse of scripture and take a sweet. They will 'suck on the sweetness of the promises of God when they carry a grateful heart'

THIS IS US...

This is the end of the 12 month Salt Sisters structured program, but you can decide how you want your chapter to move forward from here. Do you still want to meet monthly? Maybe every few months? Can you organize some outreach projects together? Decide what your Salt Sisters chapter will look like going forward.

This is a time to think about what comes next for your group and how you want to move forward as there will no longer be structured activities being sent monthly.

Will you embark on a project together? Will you take a break?

Will you end here? It will look different for every chapter but you want encourage the girls to continue their friendships and keep in touch with one another as well as keep encouraging each other!

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ANNOINT A SISTER

We want to end our time today with a very special moment together. You may have heard of anointing and your Salt Mama will elaborate a little more on this sacred service. Today, we want to pray over and anoint each other as Salt Sisters going forward. If there is anything that is holding you back or holding you down, share with your sisters and together will pray and anoint one another that you are released from it in the name of Jesus in this very special part of our program.

This is a special time for the girls to take a sacred moment and really love on and pray earnestly for one another.

Explain what anointing is and how it works. Bring in small bowls of olive oil for each girl to have.

Depending on the size of the group, you may want to break them up into partners or do one small group all together. Girls will share the things that they feel they need healing from and are working on in their hearts to truly become 'Salt Sisters' They put just a little of oil on one another's foreheads and pray in earnest and with an open heart interceding for another.

You as a Salt Mama should also participate and they should pray for you as well. Be sure to make this a very sacred time, add some quiet music so that girls can appreciate the reverent moment.

Be sure everyone in the room is anointed unless they choose otherwise. Reiterate how special this to do for one another.

SISTER CHECK

Regardless of what happens with your chapter, the girls in your chapter are now your Salt Sisters for LIFE! If you don't have them already, be sure to have each other's contact details and check in on each other, encourage each other, build one another up and help each other. Remember, you are THE SALT OF THE EARTH SISTER!

This may be a bittersweet moment, a time for some group photos and selfies. Encourage girls to keep in touch with one another and always lift one another up in prayer.

Thank them for the journey and encourage them to spend time together in the future. End with the motto and prayer.