



LEADER NOTES

SOCIETY OF SISTERHOOD IN CHRIST

Hey Salt Mama(s)! We are SO EXCITED that you have formed a chapter! What an amazing opportunity for the girls in your community! Thank you SO MUCH for your willingness to put in the time. **You are a BIG PART** of the movement we want to create to change the narrative among our girls.

WELCOME & A SAFE SPACE

No pressure, but this probably the most important part of your meeting. You want to be sure that your girls feel so WELCOME and SAFE.

A salty treat or snack is always a good way to break the ice and create some comfort. Some chip bags or salty snacks are always a win. Warm drinks on winter nights also add to the comfort level.

When the girls have all arrived and settled in with their snack, talk about the importance of creating a safe space and what that would look like.

Have a group notebook/journal where you can write down some of the ground rules and get everyone to sign it when you are done.

MOTTO

The motto has been created to be repeated every time you meet, take some time to talk about it and what it means. Why is it important that we repeat this motto and memorize it? How can we apply the motto to our lives?

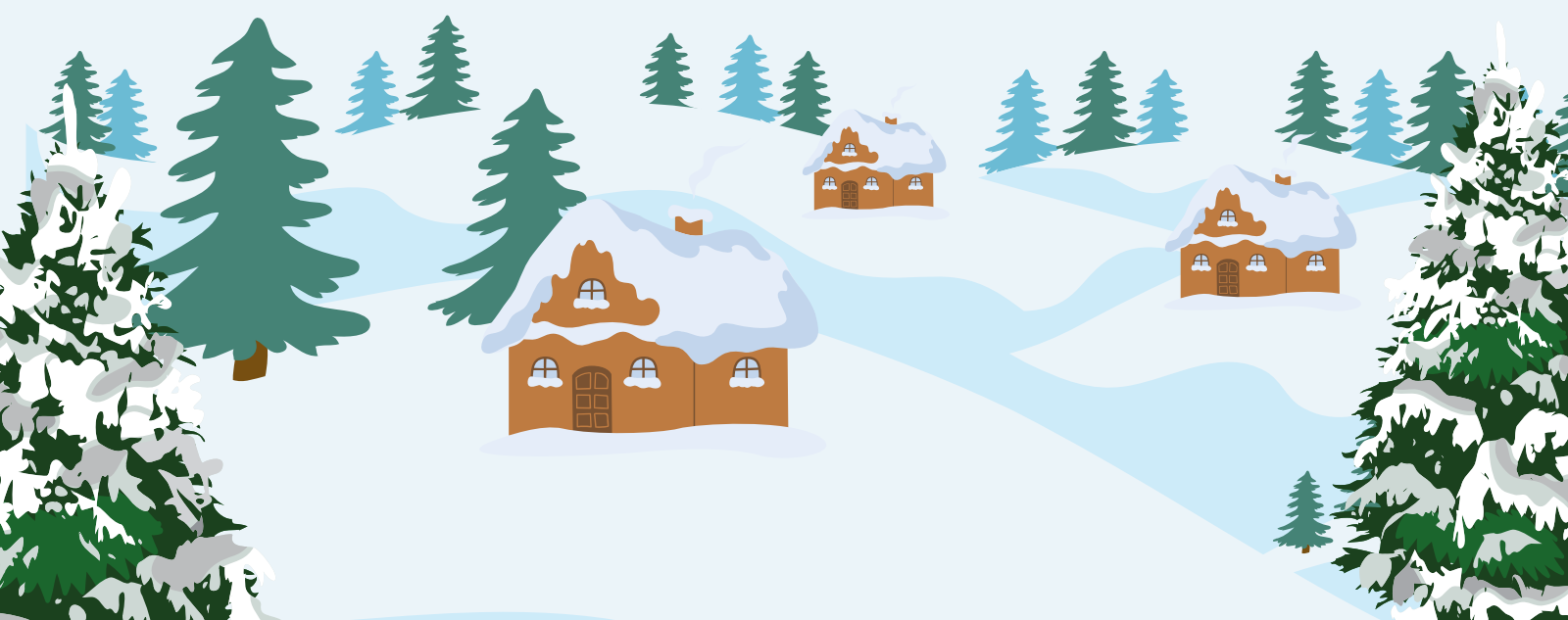
WHY 'SALT' SISTERS?

Ask the girls for examples of what it means to be 'salty' and maybe even if someone had an experience of that. Compare the difference between Salty vs Salt of The Earth.

What would that look like in your Salt Sisters Chapter?

STAY ON THE LINE

This movie clip and game is a great way for girls to recognize that they have things in common with others in the room. You will need strips of paper and pens for them to write down some ideas for their game. You can think of statements as well. You will also need some rope, or string or something to lay down on the floor to make a line. It can start out light and then make stronger statements such as demonstrated in the film.



SPEED SISTERS

This is a fun game that girls get to just talk freely and get to know one another. Line them up in front of another and choose which row will be the one moving.

You then give out topics for them to discuss and set a timer. Examples: Who is someone you admire? What is your biggest fear? etc

AFTER THOUGHTS

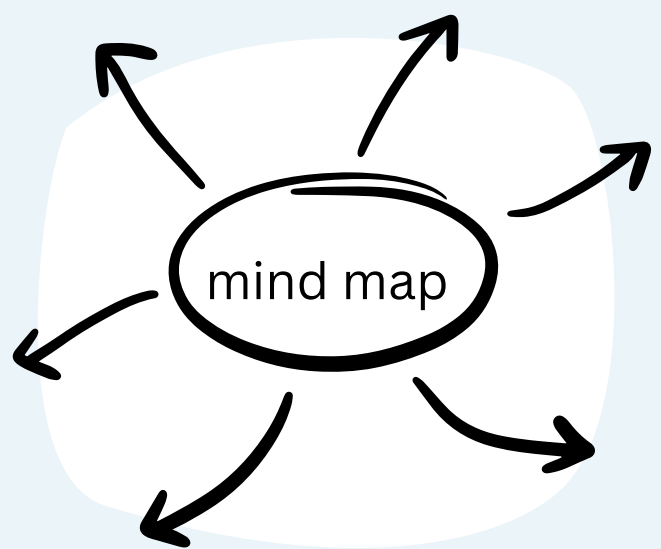
After the girls have had some time together, the hope is that the awkwardness has subsided. Encourage each girl to share in this portion and what they gleaned and learned about one another from your time together.

SALT SISTER CHALLENGE

This month's challenge is to answer this question 'What does sisterhood mean to you'

And send to our social media.

Have the girls brain storm together. Make a mind up of the ideas that they come up with on a large sheet of paper.



GROUP SELFIE

YAY! You have officially finished your first meeting! Take a group shot and share it with us on Facebook or Instagram. Don't forget to tag your church!

IMPORTANT!!

You must have permission from parents to post any image on social media.

SOCIAL MEDIA

Please encourage the girls to like and follow if they have social media. Click on **ICONS** for



GRATEFUL GIRLS

Emphasize the importance of praying together and that you will be doing it every time you meet. This simple sentence prayer is a good ice breaker for those who don't feel comfortable praying.

WHATSAPP

If you haven't already, please send us your phone number to be added to a **WHATSAPP** Salt Sister Support group.

