

# First Aiders on Duty

First Aid is care offered to a person needing medical attention by Health Ministries volunteers, called "First Aiders," who are on duty at the local churches.

#### ROLE



## First Aid, CPR, and AED

The role of the First Aiders on Duty is to provide first aid **only**, which may involve performing cardiopulmonary resuscitation (CPR) and using the Automated External Defibrillator (AED). Volunteers may include licensed medical professionals, however, their actions must be in compliance with the standards of their respective regulatory agencies.

## **LIMITATIONS**



## **Activating Emergency Medical Services (EMS)**

Our churches are not equipped with tools for diagnoses and extensive treatments, therefore, there are limitations to interventions rendered by volunteer first aiders. Limitations also apply to medication administration. If an individual needs interventions beyond the scope of first aiders, activate EMS by **calling 911** and follow the operator's instructions.

#### **ANAPHYLAXIS**



# **Administering Epinephrine**

In the event of an anaphylactic reaction, the first aider may assist in administering epinephrine using an auto-injector that belongs to the person experiencing an active reaction, given that the person is incapable of doing it themselves.

Call 911 to activate EMS for anaphylaxis events.

### **DOCUMENTATION**



## Keeping a Record

A written physical or digital record of all individuals receiving treatment should be kept. Information provided includes the date, time, type of treatment, name(s) of first aider(s) rendering aid, pre and post-assessments, including if EMS was activated. The record should be kept safe in the church, or it can be stored with the Risk Management at the Conference office.

#### **CERTIFICATION**



# Maintain Valid First Aid/CPR/AED

All volunteer first-aiders should have a **valid** First Aid/CPR/AED certification. The church should consider purchasing an AED and giving regular presentations regarding its purpose and maintenance. The AED should be visible and mounted on the wall and out of the reach of children. If the church does not have a first aid room, make sure all supplies are accessible to the first aiders, who are the custodians of all the supplies.